

# CORNBELT BUC-ETIN



President: Marcia Hammerstrand  
Vice President: Al Bedell  
Secretary: Vicky Strauss  
Treasurer: Dennis Strauss  
Sergeant At Arms: William Hamann  
Website: [www.cornbeltAMBUCS.org](http://www.cornbeltAMBUCS.org)

Bill McHie, At-Large Board Member  
Pete Hettinger, At-Large Board Member  
J Balmer, Past President  
William Hamann, At-Large Board Member  
Dennis Wentworth, At-Large Board Member



**SEPTEMBER 2019**

**THE PREZ SEZ...**



Hello fellow AMBUCS™! I sure am enjoying the recent fall-like weather. Hope you are, too. It is good ramp-building weather, that is for sure!

If you were at the August monthly meeting, you are aware that we talked about having a wine-tasting fundraiser, and combining it with the upcoming branding challenge. We said we would like the wine-tasting to be in mid-November, at the new wine-tasting room at Binny's. Well, it is going to be there, but the date will be Nov. 6. We tried to get it later in the month, but the holiday season starts early at Binny's, and that was the latest date we could get. The new tasting area is bigger and outside of the store area, in the space where Outback used to be. The board set the price at \$25/ticket this year. Also at our last meeting, we tossed around giving away a bottle of wine for an on-site membership signing. We decided to back away from this. However, since the wine-tasting room is separate from the actual room, I hope that means we can give a little presentation on AMBUCS, or have a slide show running, or something along these lines. So, we do want you to use this as an event to introduce friends, family, and acquaintances to AMBUCS, and if they do join, the current member and the new member will get a free lunch at a future meeting. And there will be a bottle of wine given away at the wine-tasting, as we did last year. We have not yet printed tickets, so since we will not have an October lunch meeting, we will find another way to get the tickets to you. If there are any questions on this, feel free to ask one of the board members.

Next month at this time, several of us will be in Pittsburgh at the National Conference, and we are looking forward to that. I will send out an email with any news to report, after the event. Because of this timing, we have decided to cancel the October meeting. We will meet again in November.

Shoulders together!

Marcia

Marcia Hammerstrand  
[mshammer@a5.com](mailto:mshammer@a5.com)  
 309/287-8458

### **Upcoming Events**

#### **Next Saturday Event**

When: Saturday, September 21, 2019  
 Time: 7:00 a.m.  
 Place: Shannon's Restaurant

#### **Next Noon Meeting**

When: Wednesday, November 6, 2019  
 Time: Noon  
 Place: Monical's Pizza (by Best Buy)

## Notes From Bill...

---



### Ramps

Hey, All you ramp-builders -

We were busy in August and built 4 ramps in town. Here's an example of what we can do when we work together.

Our first ramp was built for Cindy, who had a hip replaced and was being sent home.. with no way to get in and out of her back door. AMBUCS to the rescue! We built a 16 ft. ramp on a hot day with some "cool" results. Cindy came home and was quite surprised to see that she could get into her home without any problems. Nice work, AMBUCS!



Our second ramp was built in Bloomington for Steve. He has been more dependent on his wheelchair to move around and needed a ramp at his back door. We added a new floor to his back porch and added over 30 ft. of ramp to his back yard. Steve was pleased with the results and we were certainly glad to help, as well! Nice work, AMBUCS!





Our third ramp was built in Normal for Cheryl. She had her first knee surgery and was scheduled for her second surgery and contacted us about a ramp. As always, we were able to make her home accessible one morning.. with the help of our skilled ramp-builders! Nice work, AMBUCS!





Our fourth ramp was built in Bloomington for Mr. Ghert. We had previously built a ramp for him many, many years ago.. and his old ramp had exceeded it's life expectancy! Duane arrived early to remove the old ramp but as you can see from the "before and after" pictures, we were able to build Mr. Ghert a new ramp so he can continue to live independently. Nice work, AMBUCS!







We continue to get referrals for ramps that are needed so I'll continue to let you know of future ramp-building opportunities as they come up. Thanks for your willingness to help with our ramps and I'll see you at the next one!

Bill McHie  
Ph: (309) 824-9844 (cell)

Be sure to check us out on Facebook. Go to [www.facebook.com/cornbeltAMBUCS](https://www.facebook.com/cornbeltAMBUCS)

### **Cornbelt Buc-etin Delivery**

We now post all our monthly newsletters on our website at [www.cornbeltAMBUCS.org](http://www.cornbeltAMBUCS.org). When the newsletter is posted, I send a link to everyone's email address so they can click on the link to take them directly to the newsletter. So, to get your link sent to you, please email Jerry your email address at [JWyrick300@ctechinternet.com](mailto:JWyrick300@ctechinternet.com).

## Notes From Al...



### Amtrykes®

On July 3<sup>rd</sup> Cornbelt Ambucs presented a lovely 8 year old girl with her second Amtryke. Makaelyn is non-verbal and has difficulty with motor skills and coordination. Her therapist, Shelly feels the new Amtryke will help MaKaelyn with her coordination and improve here muscle weakness.

Makealyn was a little tired and distracted with much activity taking place in the therapy room that morning. Shelly was sure she would be ready to ride the bike after we left and the room settled down. Please see her picture below:



The remainder of the month was pretty quiet for Amtryke activity. We have had a couple inquiries about bike but not official request at this time. I anticipate the Amtryke activity will increase significantly after school starts in a couple weeks.

As usual, please let me know if you become aware of anyone who might benefit from one of our wonderful therapeutic bikes.

Thanks

**Al Bedell**  
**2802 Hendrix Rd**  
**Bloomington, IL 61704**  
**(309) 826-0405**

Check out what our neighboring AMBUCS™ club is doing. Here is the link to the Pekin club's newsletter: <http://www.pekinAMBUCS.org/newsletter.html>