# **CORNBELT BUC-ETIN**



Creating Mobility and Independence For People With Disabilities

President: Marcia Hammerstrand Vice President: Al Bedell Secretary: Vicky Strauss Treasurer: Dennis Strauss Sergeant At Arms: William Hamann Website: www.cornbeltAMBUCS.org Bill McHie, At-Large Board Member Pete Hettinger, At-Large Board Member J Balmer, Past President William Hamann, At-Large Board Member Dennis Wentworth, At-Large Board Member



# NOVEMBER 2019



Hello fellow AMBUCS<sup>™</sup>! Wow! I can't believe what cold temperatures and snow we have experienced already! Hopefully that is not a harbinger for the weather to come! However, with the seasons turning, we do have a few chapter events to look forward to.

We will be ringing bells with the Salvation Army again this year. The date is Monday, Dec. 2, from 3-5pm. The locations will be Hy-Vee, Jewel-Osco on Oakland, Kroger on Oakland, Schnucks on Empire, Walgreens on Oakland, and two locations at Eastland Mall. I know this timeframe is a little earlier than we usually do it, but the Salvation Army changed their shifts this year, so it would be either 3-5pm or 5-7pm. I could have split two shifts, but some of the locations were already spoken for after 5pm. I'm sure we will do this again next year, so If you have a preference as to the time frame, please let me know, for next year. As usual, we will also meet at Shannon's for dinner after our shift. I will send out an email soon, so you can sign up. You can ask family or friends to join you., if you'd like. We are also working on trying to get a brass quartet, led by Bob Stadsholt, to perform. And, Santa may show up!

Another event we are looking forward to, is our winetasting fundraiser which will be on Nov. 6. Next month, I will pass on stats as to what we raised, and how it went. I'm sure there will be pictures on the facebook page, also. I hope to see many of you there.

I'm sure we will also have a post-Christmas social, but plans are yet to be discussed. Stay tuned for details on that, too.

The board is also starting to talk about the next pancake breakfast, and meeting to start planning for the regional conference. Combelt will be hosting the Central Region Conference, in April 2020. Al Bedell will be the chairman, and our own Larry Turilli is the new Central Region Director, so it should be a great event! We talked with members of some of the other chapters, while at the national conference, and are hoping to have some fun events, and we hope to get the community involved.

Hope to see you at an upcoming event or ramp build!

Shoulders together!

Marcia

Marcia Hammerstrand mshammer@a5.com 309/287-8458

#### Upcoming Events

#### Next Saturday Event

When: Saturday, November 16, 2019 Time: 7:00 a.m. Place: Shannon's Restaurant

#### Next Noon Meeting

When:Wednesday, December 4, 2019Time:NoonPlace:Monical's Pizza (by Best Buy)

## Notes From Bill...



#### <u>Ramps</u>

Hey, all you ramp-builders -

We built one ramp in October and we've got several more to build this fall. Here's what we did for a gentleman in Normal this past month. His wife was being discharged from a rehabilitation facility and was not able to get into her home. AMBUCS to the rescue! We built a small platform and a ramp at the front door and they now have a home that is accessible. Nice looking ramp and a family that was glad to know about AMBUCS.





I've got several more ramps to be built this fall and I'll be in touch with dates and times in the near future. Thanks for your willingness to help.. and I'll see ya' at the next ramp!

Bill McHie Ph: (309) 824-9844 (cell)

Be sure to check us out on Facebook. Go to www.facebook.com/cornbeltAMBUCS

#### **Cornbelt Buc-etin Delivery**

We now post all our monthly newsletters on our website at www.cornbeltAMBUCS.org. When the newsletter is posted, I send a link to everyone's email address so they can click on the link to take them directly to the newsletter. So, to get your link sent to you, please email Jerry your email address at <u>JWyrick300@ctechinternet.com</u>.



### Notes From Al...



<u>Amtrykes®</u>

October was a slow month for Cornbelt Amtryke activity. We did not have anyone apply for an Amtryke or have one to give away.

I did take a trailer full of bikes to St. Louis the last Saturday in October. The pediatric chapter, Gateway Trikes had their fall Amtryke fitting. They were able to fit 21 kids on Amtrykes from the St. Louis area. They also had 30 St. Louis University PT or OT students helping with the event. This allows all the students to know about our wonderful therapeutic bikes when they graduate and begin providing therapy to their patients.

In October a fitting was scheduled for the first part of November. The kiddo attends Tri-Valley High School. He had a stroke at age 7 and lost the use of his right upper and lower extremities. Hopefully we can find a bike he can ride and be able to present it to him soon. As I indicated last month, I am looking for someone to help me with the Amtrykes. This would involve working with the therapist, ordering the bikes and arranging the times to assemble the bikes. I will be available to help. Please let me know if you are interested. The position does not take much time and is very rewarding.

Please let me know if you know of anyone who might benefit from one of our therapeutic bikes. Send me the contact information and I will work with the person and their therapist.

Al Bedell 2802 Hendrix Rd Bloomington, IL 61704 (309) 826-0405

Check out what our neighboring AMBUCS<sup>™</sup> club is doing. Here is the link to the Pekin club's newsletter: <u>http://www.pekinAMBUCS.org/newsletter.html</u>