CORNBELT BUC-ETIN



Creating Mobility and Independence For People With Disabilities

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January 2020

THE PREZ SEZ...



Hello Fellow AMBUCS™!

Happy New Year! Hope your holiday season was a pleasant one! Cornbelt got the new year off right, with our annual re-gifting party. We had a great time, with plenty of good food and laughter. It was nice to see so many of you there. Our fellow AMBUCS must have been good boys and girls last year, because the gifts were great, too! And I think I have already found my gift for next year!

Cornbelt had a great 2019, building ramps, giving away Amtrykes®, and performing community service. We also had some great fundraisers, to help fund those good things we do. Speaking of fundraisers, we are getting close to setting the date for this year's annual spring pancake breakfast. We will also be having a pancake breakfast later in the year, at Applebee's. Details will be forthcoming about both of these events. I am also looking into some community service activities that we can do. If you have a favorite non-profit that would benefit from assistance via a group activity, do let me know.

A couple other AMBUCS events you can be thinking about are the annual scholarship program and the spring round-up. If you know of any students studying to be therapists, please let one of the board members know. We start accepting applications in March, and we love to give away money to deserving students! The Spring Round-up Membership Drive is in March and April, and it would be great to bring in some new members during this time frame. I have applications, if you need them!

I hope to see you at the next monthly meeting, February 5, if not before!

Shoulders together!

Marcia

Marcia Hammerstrand mshammer@a5.com 309/287-8458

Upcoming Events

Next Saturday Event

When: Saturday, January 18, 2020

Time: 7:00 a.m.

Place: Shannon's Restaurant

Next Noon Meeting

When: Wednesday, February 5, 2020

Time: Noon

Place: Monical's Pizza (by Best Buy)

Notes From Bill...



Ramps

Hey, All you ramp-builders -

Hope you enjoyed your holidays and this mild weather we've been having over the past month. We did not build any ramps in December but we do have a few ramps "on the books" so I will try and schedule some ramp-building opportunities in January and February, depending on the weather. Thanks for your willingness to help this past year and I'm looking forward to building more ramps this year. See ya' at the next one!

Bill McHie

Ph: (309) 824-9844 (cell)

Be sure to check us out on Facebook. Go to www.facebook.com/cornbeltAMBUCS

Cornbelt Buc-etin Delivery

We now post all our monthly newsletters on our website at www.cornbeltAMBUCS.org. When the newsletter is posted, I send a link to everyone's email address so they can click on the link to take them directly to the newsletter. So, to get your link sent to you, please email Jerry your email address at jwyrick300@ctechinternet.com.



The therapeutic tricycle for children with disabilit



<u>Amtrykes®</u>

December was a very good month for Cornbelt Ambucs. We were fortunate enough to provide bikes to two extremely nice young men.

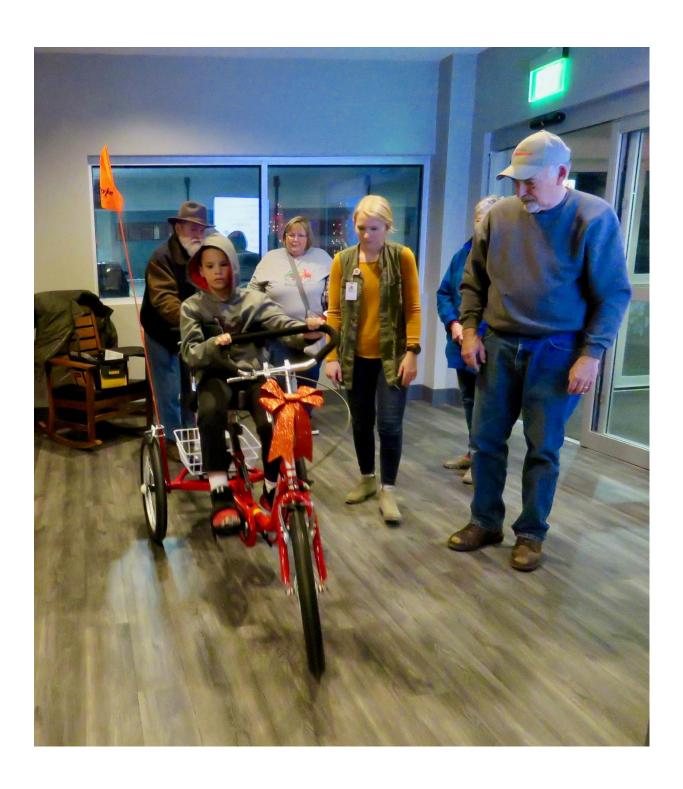
First we presented an Amtryke to Zack at Tri-Valley Senior High School. Zach is 20 years old and has been riding one of the bikes left at Tri-Valley by a previous Amtryke rider. Zach suffered a stroke at age 7 and has had a few heart surgeries. Therefore, a few customizations were needed on the 1420 Pro Series bike were necessary to provide a foot rest and remove the right pedal from the bike to eliminate the possibility of the right pedal hitting his right foot. Also, the front and rear brakes are operated simultaneously with one brake lever.

As you can see from the two pictures below Zach was very excited to receive his new Amtryke. I wish more Ambucs could have been there to see him racing around the gym. It only took his about two tries to master the brake lever and pedaling the bike with only his left foot.





Then just before Christmas we heard about a young man from Lexington who could benefit from one of our fabulous Amtrykes. Leslie's mother contacted us through the Cornbelt web page. Leslie was very excited at Easter Seals and keep all of us laughing. This was also the first Amtryke for his therapist Megan. His mother could not believe we were able to get the bike to Leslie by Christmas. Special thanks to J and Dennis for helping assemble the bike on very short notice.





Thanks for all your help with our Amtryke projects in 2019. I look forward to continuing our outstanding community service in 2020. So please send me the contact information for anyone who could possibly benefit from an Amtryke.

Al Bedell 2802 Hendrix Rd Bloomington, IL 61704 (309) 826-0405 Check out what our neighboring AMBUCS™ club is doing. Here is the link to the Pekin club's newsletter: http://www.pekinAMBUCS.org/newsletter.html