

# CORNBELT BUC-ETIN

## October 2022

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### Upcoming Events

**October 8, 2022** – Adopt a Highway Clean up

**October 17-20, 2022** – Online Pampered Chef Fundraiser for Cornbelt AMBUCS

**November 2, 2022** – Next monthly Cornbelt AMBUCS Lunch Meeting at Noon at Monicals Pizza next to Best Buy on Veterans Parkway.

### From Your President



Cornbelt AMBUCS – September has been a busy month for us with lots happening. Keep reading for highlights of our month.

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### September Lunch Meeting

Our Cornbelt AMBUCS monthly lunch meeting was held on Wednesday September 7, 2022.

Bryce Weiler from the Beautiful Lives Project ([www.beautifullives.org](http://www.beautifullives.org)) shared with us via zoom all about how their organization carries out their mission to *give people with disabilities the opportunity to actively participate in activities and events that may not have been available to them previously due to physical or facility limitations*”.

It was very inspiring to hear about their activities and upcoming events. Be sure to check out their website at ([www.beautifullives.org](http://www.beautifullives.org)).





### Adopt-a-Highway



We will be cleaning up our "Adopted" piece of the highway this Saturday – October 8, 2022. We meet at Joe Station House at the Shoppes at College Hills at 9:00 am. This will be our last cleanup for 2022. Please let Marcia Hammerstrand know if you will be helping. There will be a small prize for whoever finds the most unusual item or items. Picture proof is required. 😊 Please consider joining us.

### Online Fundraiser

Be watching for information about an online Pampered Chef fundraiser for Cornbelt AMBUCS. The fundraiser will be held from October 17-20, 2022. This is an easy painless way for us to raise some funds for our chapter.

### Response needed

We really need to know if you are reading/looking at/glancing at our newsletter. Could you please send an email to me if you read the newsletter this month. Please send an email to [vmstrauss5@gmail.com](mailto:vmstrauss5@gmail.com). This includes anyone who has read this newsletter. 😊

I hope to see each of you in the near future at one of our projects or events.

### ***Shoulders Together!***

Vicky Strauss  
President Cornbelt AMBUCS  
[vmstrauss5@gmail.com](mailto:vmstrauss5@gmail.com)



## Ramp News from Bill

Hey, All you ramp-builders -

We were able to build three ramps in September with a great group of volunteers. Here's a sample of what we can do when we are all working together. Our first ramp was built in Bloomington for a lady that did not have access to her home. We were happy to help her and she was thrilled with the results! Nice ramp, AMBUCS!







The second ramp was built in Normal for a family that needed a ramp for the husband who recently was able to return to his home. We had nice weather, a nice group of helpers, and make NO MISTAKE about it, we built a nice-looking ramp for this family! Thanks to all of the volunteers who helped me to build a proper platform and a ramp that works!



Our third ramp was built in Bloomington. We were able to utilize some ramp sections that we had on hand and after purchasing the rest of the materials, we built a ramp for a lady that will soon move into her new home in Bloomington. We had a great crew of builders that day, as well!





I'm glad we were able to help all these folks with making their homes accessible this past month. We've got several more ramps "on the books" so I'll keep you posted on the next ramp-building opportunities. Thanks for your help and I'll see ya' at the next one!

Bill McHie





## Amtryke® News from Al

The first one was a 1416 that was given to Grace at Parkside Elementary School. We were able to refurbish this bike and it allows Grace a bike to ride until the one we order in August arrives. She really needs the rear steering and rear brake adaptations which will give her parents much better control of Grace on the bike. Also, she does not need the three speed and could use the help of the direct drive available with the 1416 bike. However, Grace did not have any problems pedaling the 1416 and the biggest problem was keeping up with her as she rode the bike around the school and helping her steer the bike. I wish I knew when her new bike would be arriving.

The second bike was an early intervention Amtryke, AM-10. We did have the basic bike, the snappy seat with laterals and the 11.5 H harness the therapist requested. Nora is very small, less than 30 pounds, for a 2-year-old. Jamie, therapist, indicated Nora loves to watch her brother and sister run and play. Now with her new bike she is capable of playing with her siblings.

Vicky Strauss presented this Amtryke to Nora as I was not able to make it the day the presentation was scheduled. Vicky did wonderful and the mother was very surprised when Nora was able to pedal the Amtryke on her own. Here are a couple pictures of Nora and her therapist.





We have another child trying out an AM-10 at Glenn School. The school therapist is completing the Amtryke Evaluation form for board approval. So it appears we have another Amtryke to give away in September.

As usual, please continue to forward the contact information for any person who could benefit from one of our tremendous therapeutic bikes.

Al Bedell

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### **Our Cornbelt AMBUCS Board**

**President:** Vicky Strauss

**Vice President:** William Hamann

**Secretary:** Marcia Hammerstrand

**Treasurer:** Dennis Strauss

**At-Large Board Member:** Bill McHie

**At-Large Board Member:** Pete Hettinger

**At-Large Board Member:** Dennis Wentworth

**At-Large Board Member:** Al Bedell

**At-Large Board Member:** Rick Milner

**Website:** [www.cornbeltAMBUCS.org](http://www.cornbeltAMBUCS.org)

**Facebook:** [www.facebook.com/cornbeltAMBUCS](http://www.facebook.com/cornbeltAMBUCS)





### **Cornbelt Buc-etin Delivery**

We now post all our monthly newsletters on our website at [www.cornbeltAMBUCS.org](http://www.cornbeltAMBUCS.org). When the newsletter is posted, I send a link to everyone's email address so they can click on the link to take them directly to the newsletter. So, to get your link sent to you, please email Jerry your email address at [JWyrick300@ctechinternet.com](mailto:JWyrick300@ctechinternet.com).