

CORNBELT BUC-ETIN

March 2025

Upcoming Events

March 28-29, 2025 – Central Region Conference – Bloomington IL

April 2, 2025 – Next monthly Cornbelt AMBUCS Lunch Meeting at Noon at Monical's Pizza next to Best Buy on Veterans Parkway. Bring a friend!

April 5, 2025 – Adopt-A-Highway clean up date

May 6, 2025 – Senior Expo at the Parke Hotel

July 23-26, 2025 – SAVE THE DATES –National Conference Des Moines IA



From Your President

Hello Cornbelt AMBUCS, family, and friends,

Spring is just around the corner, and with it comes one of the most exciting events of the year—the **AMBUCS Central Region Conference, happening later this month!** This year, our chapter has the honor of hosting, which means we have a fantastic opportunity to show AMBUCS members from across the region what makes Cornbelt so special.

If you haven't registered yet, I strongly encourage you to do so. Not only will you gain valuable insights, hear from inspiring speakers, and learn more about how we can further our mission, but you'll also **connect with members from other chapters and the national organization—building friendships and networks that will last a lifetime.** The best part? **Our chapter will reimburse the registration fee for any member who attends!**

But beyond attending, we also need **your help** to ensure this conference is a success. As the host chapter, we have an important role in making sure everything runs smoothly, and that means we need volunteers for various tasks. Whether it's welcoming guests, assisting with logistics, or simply showing up to represent Cornbelt AMBUCS, your involvement is crucial.


Let's step up and make this an event to remember. I look forward to seeing many of you there and working together to make this conference a great success. As always, thank you for everything you do for our chapter and community—**your dedication is what makes Cornbelt AMBUCS thrive!**

Shoulders Together,

Bill Hamann

President, Cornbelt AMBUCS

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 <https://www.cornbeltambucs.org>

Adopt-a-Highway Cleanup – April 5, 2025

Spring is coming and we will be starting our Adopt-a-Highway cleanups again. Our first clean up date is on Saturday April 5, 2025.

We will meet outside Joe's Station House at the Shoppes at College Hills at 9 am to carpool to the site. Please contact Marcia Hammerstrand (mshammer@a5.com) if you will be able to join us. It only takes about 1.5 hours and it is a good time for exercise and talking to other AMBUCS and we also find interesting things along the way.

New Member- Matthew Landry



Welcome Matthew!

We have a new member – Matthew Landry. He is the husband of our member, Alexis (Pavlou) Landry and he is an attorney here in town.

We are so glad to welcome him into Cornbelt AMBUCS and look forward to working with him and Alexis in the near future.

Be Content Senior Expo – May 6, 2025

We have again been invited to have an information table at the *Be Content Senior Expo* at the Parke Hotel. This event will be held on Tuesday, May 6, 2025 from 9 am to 1 pm.

We always have a great time telling others about who we are and what we do. Please consider signing up to help on that day when see the invite.

2025 National Big Hat Raffle

There are still tickets available.

The National AMBUCS Big Hat Club is having an amazing raffle this year. The winner wins a trip for two to one of three fabulous locations:

- 1) **Alaska Scenic Rail + Denali with a Cruise Tour**
\$6,000 towards room/excursion options & \$1,000 towards flights
- 2) **AMTRAK Fall Foliage Boston & Cape Cod**
\$6,000 towards rail travel & \$1,000 travel funds (excursions, meals, hotel, etc.)
- 3) **Choose Your Own Adventure**
\$7,000 towards travel or activities booked with Cruise Addictions LLC

Tickets are 1 for \$20 or 6 for \$100. You can contact Dennis Strauss for tickets, or you can buy the tickets online at <https://bit.ly/bighataffle2025> or you can use this QR Code.



The winner will be drawn at the National AMBUCS Conference July 23 – 26, 2025 in Des Moines, Iowa. You do not need to present to win.

The trip will be good for one year from the date of the drawing, is transferable, and must be booked in advance through Cruise Addictions LLC. You do not have to be a member to buy tickets, so sell them to your friends, or strangers.

March 28-29, 2025 – Central Region Conference

It is almost here. We would love to have you join us.

COME JOIN THE CIRCUS --Cornbelt AMBUCS is hosting the 2025 Central Region Conference here in Bloomington on the weekend of March 28-29, 2025. It would be great to have a good representation from our Chapter as well as help to make this the best conference ever.

For those Cornbelt members registering for and attending this year's Central Region Conference, your registration fee will be reimbursed to you after the conference.

If you have not received information about the conference, please contact Vicky Strauss.

2025 AMBUCS Scholarship season is Open – February 1 to May 1, 2025

It is scholarship time for AMBUCS! Scholarship applications are being accepted **February 1 - May 1, 2025**, at the National and local levels for students in a graduate-level program that is accredited in physical, occupational, speech pathology or hearing audiology. Please pass this information along to those therapy students you may know who could use a little extra help.

Be sure to tell the student to contact our local chapter at www.cornbeltambucs.org/scholarship-information once they have submitted the National scholarship application to also be considered for a local scholarship as well as sponsorship at the National level.

The website address to apply for a National AMBUCS scholarship is <https://ambucs.org/therapists/scholarship-program>.

SAVE THE DATES – July 23-26, 2025 – National Conference

Please consider attending the 2025 AMBUCS National Conference in July of 2025. It will be within driving distance in Des Moines, Iowa.



Mark your calendars for the 2025 AMBUCS National Conference! Our annual celebration will take place from July 23-26 in Des Moines, Iowa. Join us for an unforgettable week of excitement, growth, and motivation with fellow AMBUCS members. There's so much to look forward to and celebrate!

[Save the date](#)

It is a time that you will enjoy meeting other AMBUCS, be inspired by what is going on around the other AMBUCS chapters and by how our organization is helping people all around the country.

Housing Resource Fair – March 19, 2025

Cornbelt AMBUCS has been invited to have an information table at the 2025 House Resource Fair being held at Eastland Mall on March 19, 2025 from 10 am to 2 pm. This fair is meant to help community members with their housing needs. We will be providing information about our Access Ramps during this event. Marcia Hammerstrand and Vicky Strauss will be at the table.

Come by and see them if you have time.

Ramp News from Bill



Hey, AMBUCS - We were able to build another ramp this past month.. inside a garage! We had plenty of volunteers which made the project much easier to complete, thank you very much. I got call from the family and they were very happy that their dad can now get in and out of his home with ease. It was nice to work with all of you and I look forward to building many more with you this spring. I'll keep you posted on future ramp-building opportunities. Thanks, again.. and I'll see ya' at the next one!





Bill McHie

Amtryke® News from Al



February was a quiet Amtryke month for us. Except for the bike we gave away which was included in last month's newsletter.

We do not have any pending requests so if you know of someone who could benefit from an Amtryke, please let me know.



Our Cornbelt AMBUCS Board

President: William Hamann

Secretary: Marcia Hammerstrand

Treasurer: Dennis Strauss

At-Large Board Member: Bill McHie

At-Large Board Member: Pete Hettinger

At-Large Board Member: Vicky Strauss

At-Large Board Member: Al Bedell

At-Large Board Member: Rick Milner

Website: www.cornbeltAMBUCS.org

Facebook: www.facebook.com/cornbeltAMBUCS

Cornbelt Buc-etin Delivery

We now post all our monthly newsletters on our website at www.cornbeltAMBUCS.org. When the newsletter is posted, I send a link to everyone's email address so they can click on the link to take them directly to the newsletter. So, to get your link sent to you, please email Jerry your email address at JWyrick300@ctechinternet.com.